

## HOW TO MAKE THE PERFECT SMOOTHIE

Ready in a snap!

For ages 4 and up



Gently shake the bag to loosen compressed powder. Mix 1 scoop of Daily Sunshine with 1 cup (8 fl oz) of cold water or your beverage of choice using a shaker cup or blender. Or sneak in extra nutrition and blend with fruits or nut butters and a little ice. Best consumed within 30 minutes.

## Nutrition Facts

30 servings per container

**Serving size**

**1 scoop (28 g)**

Amount per serving

**Calories**

**120**

% Daily Value\*

<b>Total Fat</b> 3 g	<b>4%</b>
Saturated Fat 0.5 g	<b>3%</b>
<i>Trans</i> Fat 0 g	
Polyunsaturated Fat 1 g	
Monounsaturated Fat 1 g	
<b>Cholesterol</b> 0 mg	<b>0%</b>
<b>Sodium</b> 230 mg	<b>10%</b>
<b>Total Carbohydrate</b> 12 g	<b>4%</b>
Dietary Fiber 3 g	<b>11%</b>
Total Sugars 7 g	
Includes 3 g Added Sugars	<b>6%</b>
<b>Protein</b> 10 g	<b>13%</b>
Vitamin D 4 mcg	20%
Calcium 130 mg	10%
Iron 1.9 mg	10%
Potassium 202 mg	4%
Vitamin C 18 mg	20%
Vitamin E 3 mg	20%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Ingredients:** Organic Pea Protein, Organic Apple Powder, Organic Cane Sugar, Organic Cocoa Powder, Organic Sweet Potato Powder, Flaxseed, Organic Spinach Powder, Natural Chocolate Flavor, Organic Sunflower Oil, Organic Strawberry Powder, Xanthan Gum, Calcium Carbonate, Himalayan Salt, Organic Blueberry Powder, Organic Acerola Cherry Powder, Stevia Leaf Extract, Chicory Root Inulin, Sunflower Lecithin, Beta Glucan (from *Saccharomyces cerevisiae*), *Bacillus coagulans*, d-Alpha Tocopheryl Succinate (from Sunflower), Organic Rosemary Extract, Ergocalciferol (Vitamin D<sub>2</sub>).

**Distributed By:** Beachbody, LLC, Santa Monica, CA 90404 • 1 (800) 470-7870

**Certified Organic by QAI**

**Allergen Statement:** This product is manufactured in a plant that also processes egg, fish, crustacean shellfish, tree nuts, peanuts, and wheat ingredients.

**Storage:** Store in a cool, dry place.

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## THE 3-IN-1 SMOOTHIE FOR PICKY KIDS. AND PICKIER PARENTS.

We created Daily Sunshine for parents who don't want to compromise when it comes to their kids' nutrition—and for kids who insist that healthy food also be delicious. Daily Sunshine doesn't compromise on a thing. It has a 3-in-1 balance—made with organic fruits and vegetables,† protein, and healthy fats. Its formula is pediatrician-approved. And kids agree... it tastes great.

We know it's not easy to get your kids to eat right. Especially when you're competing with snacks loaded with sugar, salt, and saturated fat. So we didn't take any shortcuts with Daily Sunshine. It's a nutritional powerhouse that provides balanced nutrition in a single snack, delicious enough for both kids and their parents. Enjoy it with confidence, knowing you're doing the right thing... every day.

## A SINGLE GLASS OF DAILY SUNSHINE DELIVERS ESSENTIAL NUTRIENTS:

- ♥ **MADE WITH ORGANIC FRUITS<sup>†</sup>**
- ♥ **MADE WITH ORGANIC VEGETABLES<sup>†</sup>**
- ♥ **MADE WITH ORGANIC PEA PROTEIN** Good source of protein
- ♥ **MADE WITH HEALTHY FATS** ALA omega-3 fatty acids
- ♥ **FORMULATED WITH FIBER AND PROBIOTICS** 3 grams of fiber and *Bacillus coagulans* to help support healthy digestion

†Concentrated powder equivalent to **1 full serving** of fruits and vegetables.  $\frac{3}{8}$  serving of fruit (4.45 g dried apple, strawberry, and blueberry powders) and  $\frac{3}{8}$  serving of veggies (1.95 g dried sweet potato and spinach powders) per smoothie. Each 28 g serving (1 scoop) provides the equivalent of  $\frac{1}{2}$  cup fruits and vegetables (volume before drying).

## REAL-FOOD PHILOSOPHY

The organic whole fruits and vegetables that we put in Daily Sunshine are first inspected and cleaned, then pureed, strained, dried, and ground to a powder. That's how we deliver whole food ingredients in a healthy, delicious smoothie every day.

**BEACHBODY®**

